2024-25 MINIMUM SUSPENSION LIST

The following are minimum suspensions that shall be imposed for infractions which occur in all OMHA exhibition, league and play-off games during the current playing season for minor hockey.

Notice re: Clarifications

These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstances warrant. It is the responsibility of each team manager and/or coach to ensure their players serve their appropriate suspensions. When in doubt as to the relevant suspension, contact the Association office. If unable to contact the Association office, sit player(s) in question out until clarification can be obtained. These suspensions are in addition to game incurred.

Match Penalty reports will be forwarded to the appropriate OMHA Regional Director for review and suspension assessment. A participant who is suspended while playing in an out -of OHF jurisdiction event (i.e. USA or out of Member) must serve that governing bodies suspension or portion thereof in the participant teams remaining games in that event even if for a greater number of games than under the OHF Minimum Suspension List.

Upon returning to the OHF, a team will report any suspension received outside of the OHF jurisdiction and the affected Player/Team Official will not be eligible to participate until the report has been received by the Member and the Member rules on the Player/Team Official's eligibility based upon the OHF Minimum Suspension List.

* All indefinite suspensions are pending subject to a hearing.

The Coach or in the absence of the Head Coach the Coach in Charge, of any OMHA team whose team accumulates more than the allowable minutes in penalties in any game shall be automatically suspended per **Regulation 7.2** Serving Suspensions, according to the chart below:

Division	Penalty Minutes (Including Overtime)	Suspension
U13 and Below	27-51 Minutes	1 Game
	52-77 Minutes	3 Games
	78+ Minutes	5 Games
U14 and Above	37-71 Minutes	1 Game
	72-107 Minutes	3 Games
	108+ Minutes	5 Games

Note: For the purpose of the Regulation the time of misconducts, gross misconducts and game misconducts assessed to players shall not be counted, but any such penalties assessed to Team Officials and the five (5) minutes charged to a player for a match penalty shall be counted. Any game misconduct or gross misconduct penalty assessed to Team Officials will automatically add ten (10) minutes to the team's penalty minutes in each case.

Suspensions List

MISCONDUCTS

Rule/Code	Penalty Description	Suspension
7.10 (d)	Failure to go to the Player's Bench or Neutral	0 Games
	Area	
10.5 (d)	Throwing Stick Over Boards	0 Games
10.6 (d)	Illegal Equipment	0 Games
11.1 (d) i	Unsportsmanlike Conduct	0 Games
11.1 (d) ii	Interference/Distraction During Penalty Shot	0 Games
11.1 (d) iii	Intentionally Knocks or Shoots the Puck out of	0 Games
	Reach of an Official	
11.1 (d) iv	Failure to go directly to Penalty Bench	0 Games
11.1 (d) v	Entering Referee's Crease	0 Games
11.2 (d)	Disrespectful and Abusive Behaviour (includes	0 Games
	Inciting)	

GAME MISCONDUCTS

Rule/Code	Penalty Description	Suspension
4.7 (c)	Second Misconduct – Same Game	1 Game
4.8 (b)	Game Ejections	0 Games
7.5 (a)	Checking from Behind (Minor + Game Misconduct)	1 Game
7.10 (e) ii	Player(s) 3 rd , 4 th , 5 th Player into Fight	3 Games
7.10 (e) iii	2 nd Fight, Same stoppage of play (3 rd , 4 th , etc.)	3 Games
8.1 (b)	Holding Injury (Major + Game Misconduct)	1 Game
8.2 (b)	Hooking Injury (Major + Game Misconduct)	1 Game
8.4 (a)	Interference from the Bench (Bench Minor +	1 Game
0.4 (a)	Game Misconduct, if identifiable)	1 dame
8.6 (b)	Tripping Injury (Major + Game Misconduct)	1 Game
10.4 (a)	Bench Official on the Ice Without Permission of Official	1 Game
10.4 (e)	¹ Coach whose player is penalized under 10.4 (e)	4 Games
10.4 (e)	Leaving the Bench without Clearance from the Referee (Assessed to coach if altercation results in penalties at end of any period)	2 Games
10.4 (e) i	Leaving the Players bench or Penalty Box	4 Games
10.4 (e) ii	Leaving the Players bench or Penalty Box and incurring subsequent penalty	5 Games
10.8 (b) i	Refusing to Start Play (Coach – Major + Game Misconduct)	4 Games
	Coach refusing to start play and then returns to the bench and the game resumes.	
10.8 (b) i	Refusing to Start Play (Coach – Major + Game Misconduct)	Indefinite*
	Coach does not return, and the game is suspended.	
10.8 (b) ii	Refusing to Leave the Players Bench (Major + Game Misconduct)	1 Game

PLAYER ACCUMULATION SANCTIONS

Accumulation Sanctions apply for any collective accumulation of the below **MAJORS** in the same season.

		Offense Count			
Rule/Code	Penalty Description	1st Major	2nd Major	3rd Major	4th Major
7.1 (b)	Attempt to Injure or Deliberate Injury.				
7.2 (b)	Boarding (Major + Game Misconduct)	Games			
7.3 (b)	Body Checking (Major + Game Misconduct)	2 Ga			
7.4 (b)	Charging (Major + Game Misconduct)				
7.5 (b)	Checking from Behind (Major + Game Misconduct)	Games	4 Games	6 Games	ndefinite*
7.6 (b)	Head Contact (Major + Game Misconduct)	3 G			=
7.8 (b)	Kneeing (Major + Game Misconduct)	S			
7.9 (b)	Roughing (Major + Game Misconduct)	Games			
8.3 (b)	Interference (Major + Game Misconduct)	2			

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¹ 10.4 (e) – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving 10.4 (e), coach not to be ejected as a result of this penalty being assessed.