

# AHL 2025-2026 Season

#### **Season Dates:**

October – Exhibition phase \*must have an approved roster and apply for a Travel Permit.

- o Full-Time Teams (not playing both HL and Adv. L) 6 exhibition games.
- o Part-Time Teams (playing both HL and Adv. L) 4 exhibition games.

## November 1st to January 31st - Regular Season

- Full-Time Teams 4 Reg. games scheduled per month (league scheduled) plus 2 exhibition games per month (team scheduled)
- o **Part-Time Teams** 4 Regular games scheduled per month
  - No travel permits required for regular season games
  - o Travel permits required for exhibition games.

# February 1st to March 12th - Round Robin League Playoffs

o 6 to 8 RR games scheduled (pending # of teams in your pod)

## March 21st to March 27th - semis/finals

- o SEMI FINALS One Game
- o CHAMPIONSHIP best out of 3

# Rules for the AHL 2025-2026 Season

#### **Divisions and Groupings**

- For the upcoming season, divisions will be organized by **single age groups** from **U11 through U16**.
- At the conclusion of the regular season, any division with **8 or more teams** will be split into **two tiers**:
  - o **Tier 1** top-seeded teams
  - o Tier 2 lower-seeded teams
  - o Each tier will have its own championship.

#### Note:

The U11 and U13 divisions each have more than 8 teams. For playoffs, these divisions will be split into Tier 1 and Tier 2, with a separate championship held for each tier.

#### **Roster Guidelines**

- Divisions may include **fewer than 4 major players** from the older birth year.
  - o Example: A U14 (2011) team may carry 1-3 players born in 2010.
- This exception is in place to help centers that may not have enough players to form a single-age roster.
- These roster rules apply to the local league only.
  - For tournaments, teams with major-year players must register in the older age group.
- Whenever possible, we strongly encourage teams to maintain single-age rosters.

## **Period Length Rules**

Prior to the season and confirmed by OMHA, game periods must follow these guidelines:

- Some centres will play 10-10-10 periods depending on available ice time.
- Centres with additional ice time may play 10-10-15 or 10-15-15.
- If a centre wishes to use **10-10-15**, they must coordinate with their facility, timekeepers, and officials to ensure the final 5 minutes can be run on stop-time if required. Otherwise, centres must default to **10-10-10**.
- **12-minute periods are not permitted** under OMHA rules.

# **Playoffs**

- Playoff information will be posted at the beginning of January 2026
- We will have the tie breaker rules, round robin and the championship format
- Regular season tiebreaker we will follow the same as the AA-A-B/BB rules please refer to the Tri-County Rules of Operation

#### **General Rules**

- Please review the Tri-County Rules of Operation as a guideline.
- Suspensions please review the OMHA suspension list
- If you are unsure and have questions, please reach out to Glen Davis the President of Tri-County or Peter Cabral Convenor for the AHL